



*ExSalonce, Ltd.*

3500 Center Point Rd. N E  
Cedar Rapids, Iowa 52402  
(319) 395 - 9888

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[www.exsalonceltd.com](http://www.exsalonceltd.com)

## **Optimum Skin Health And How to Achieve it with Dermalogica Skin Care!**

Wouldn't everyone love to improve their skin? Of course, but how, when so many companies are making miracle creams and promises that don't live up to the hype? Like most things in life, great skin comes with a commitment to improving your skin, as well as your physical and mental health. There are many aspects to consider, because your skin is the largest organ of your body. Our skin changes with the seasons, environment, medications, diet, stress levels, hormone levels, age, sun exposure, and more!

For optimum skin health, a balanced combination of professional treatments and a professionally prescribed home care routine is essential. Professional Skin Therapists are trained to work with you to customize an action plan for your skin, based on your needs both in the treatment room and at home. With each treatment you will notice things such as: smoother, more refined and radiant skin; fewer breakouts; less flakiness; improved tone and texture; reduced appearance of lines and wrinkles. Your home care regimen will be prescribed to treat your skin's specific needs.

For over 20 years, The International Dermal Institute has pushed the skin care industry envelope to its limits, redefining professional excellence. Dermalogica offers the most challenging and rewarding postgraduate skin care education, with 38 postgraduate training Centers worldwide; 19 of which are located in the United States.

The skin therapists at ExSalonce, Ltd. are Chris, Paula and Nicolette. They recently attended a two day training session in Minneapolis, Minnesota and are always available to consult with you about how you can achieve your skincare goals utilizing their expertise.

## AGE Smart™

The intelligent investment in your skin's future.

Rather than focus solely on the manifestations of skin aging such as wrinkles, loss of elasticity, hyper pigmentation, etc.; Dermalogica and The International Dermal Institute researched how to impact the biochemical reactions that trigger changes in aging skin to stop them before they start.

The result is **AGE Smart**, the only system designed to help prevent the biological triggers that lead to skin aging while treating the visible signs of aging. Firmer, smoother, healthier skin is yours with **AGE Smart**.

ExSalonce, Ltd. carries the complete line of Dermalogica skin care products, including **AGE Smart**. Travel packs are also available, and are a great way to sample the product.

### Vitamin D Notice!

Have you ever noticed that you feel better when spring comes and the sun is a more constant companion? Something as simple as being outside in the sun can give you a nutritional and psychological boost more powerful than anything you've ever experienced, and once you notice this you'll be out in the sun a lot! Please, however, use caution.

Vitamin D affects at least 30 different systems in the body. Yes, you can take supplements, but for truly efficient production and storage of Vitamin D, you need to spend about an hour in the sun, with about half of your exposure in the middle of the day. Yes, we hear all the warnings about skin cancer. This is a case of moderation. Boosting your vitamin D stores does not mean you need to become a sun worshipper. A two-mile walk is enough to elevate your mood, increase your vitamin D production, and still keep your skin safe from cancer. Wear a hat, do wear sunscreen, but only the protection level you really need. This antidepressant is free!

**Shavasana Eyelash Extensions:** If you would like longer, thicker eyelashes and wish you could eliminate the use of clumpy mascara, then eyelash extensions are for you. Eyelash extensions accentuate the beauty of your eyes, and are designed to withstand daily makeup, showers, exercise and even swimming.

**Dermalogica Skin Care System:** **AGE Smart**...for the mature, and prematurely aging skin. **mediBac clearing**...the end of the line for adult acne and breakouts.

### Open House

If you are interested in learning more about **Eyelash Extensions** and new advancements in skin care with **AGE Smart** and **mediBac clearing**, we are having demonstrations on Wednesday evening July 23, 2008 at 5:00 to 7:00 pm. Call 319-395-9888 to make your reservation for this event.